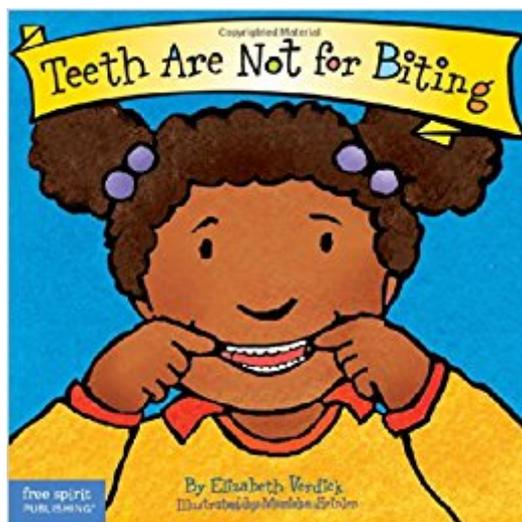


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# Teeth Are Not For Biting (Board Book) (Best Behavior Series)



## Synopsis

“Crunch crunch crunch. Teeth are strong and sharp. Crunch crunch crunch. Teeth can help you chew. But teeth are not for biting. Ouch! Biting hurts. Sooner or later, almost all young children will bite someone—a friend, a parent, a sibling. This upbeat, colorful, virtually indestructible book helps prevent biting and teaches positive alternatives. The companion to our best-selling *Hands Are Not for Hitting Board Book*, *Teeth Are Not for Biting* gives reasons why children might want to bite. Little mouths feel sore when new teeth come in; sometimes kids bite when they’re hungry, tired, cranky, frustrated, angry, bored, distressed, or seeking attention. Author Elizabeth Verdick suggests positive things children can do instead of biting: chew a chewy toy, drink a cold drink, get a hug, tell a grown-up. This book also includes helpful tips for parents and caregivers.

## Book Information

Age Range: 1 - 4 years

Lexile Measure: AD210L (What’s this?)

Series: Best Behavior Series

Board book: 24 pages

Publisher: Free Spirit Publishing; Board Book edition (April 15, 2003)

Language: English

ISBN-10: 1575421283

ISBN-13: 978-1575421285

Product Dimensions: 7 x 0.6 x 7 inches

Shipping Weight: 8 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars 378 customer reviews

Best Sellers Rank: #1,264 in Books (See Top 100 in Books) #7 in [Books > Children’s Books > Early Learning > Basic Concepts > Sense & Sensation](#) #9 in [Books > Children’s Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Manners](#) #29 in [Books > Children’s Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Emotions & Feelings](#)

## Customer Reviews

"It’s not always an easy feat to teach little ones about morals and the difference between right and wrong. But great news for you author Elizabeth Verdick is here to help you... Baby Let’s Shop blog Creative Child Magazine Seal of Excellence Winner Dr. Toy’s 10 Best

Socially Responsible Products Dr. Toy's 100 Best Selection Oppenheim Toy Portfolio Gold Book Award

Teeth Are Not for Biting is the winner of the 2004 Oppenheim Toy Portfolio Gold Award, Dr. Toy's 100 Best Products for 2003 and one of Dr. Toy's 10 Best Socially Responsible Products for 2003.

I'll admit I had nothing to lose here. My 3 year old son was coming home from daycare with 2-3 "Incident Reports" per day. 95% were for biting. I even had to suffer the indignity of a school meeting to discuss his behavior and if "there were any changes in his home life?". No. There weren't. His biggest life change was moving from the 2 year old classroom (no biting) to the 3 year old classroom (raving, biting lunatic). I'll also add that he has some mild speech and motor delays. Oh, and at the ripe age of 3 years and 2 months finally started to cut his 2 year molars. It really was the Perfect Storm for biting. And bite he did. He was biting teachers, his friends, his enemies. They even once told me he was sitting in a circle perfectly calm and literally just leaned over to bite the kid next to him. He'd also bite to protect his territory or when feeling crowded. This went on for about 6 weeks and I was at my wits end. Found this book somehow and thought I'd give it a try. The day after I started reading it he bit ONE TIME. I was thrilled. Not a single incident the next 2 days and now I'm a believer. I was worried that it would be too "babyish" for him. It sort of is but somehow still captures his attention. He almost fixates on the page where the girl is holding her arm and crying. He keeps repeating "he bit her?" out loud as if the boy in the book committed such a shameful act. Not sure what he thinks HE'S been doing for the past 6 weeks but whatever works. I was about to start sending him to school in one of those Hannibal masks...but this was SOOOO much easier.

I got this for my 19 months old daughter. She goes to daycare and had been having severe biting issues. She gets an incident almost everyday and at her worst she gets 3 incidents a day. She does not bite us at home. She only does it at daycare when someone takes her toy away, she wants something that another child is playing with or another child sits closer to her and she doesn't want it. We dread picking her up because we feel like we're doing the walk of shame when we have to sign her incident report. I got this book because this seems to be the highest rating book that addresses biting and it seems to have worked for a lot of people who posted a review. My daughter loves this book and I read it to her every night before bed and in the morning when she wakes up. This is one of her must read nightly books. Unfortunately, this did not work for her at all. She understood it hurt when she bites based on the photos in this book but she still bites even after a month of

reading this to her. Eventually, daycare suggested to see a therapist for both occupational and speech therapy and we did. So we meet with the therapist and she said my daughter does not need any therapy at all. So the therapist went to my child's daycare to observe her and gave the teacher pointers on how to deal with my daughters biting issues. What worked for my daughter was diversion, watching her closely and offering her something else before she gets mad. A week after that her incident starts to lessen and now 2 months after we're completely incident free. I know some parts of my review are irrelevant to this book but I just want to share my experience hoping it'll help others too. As a mom of a serial biter, I don't want to relive that experience again. As for this book, this is still my daughter's favorite book and she won't go to bed without reading this. So yeah it's a great book.

OK this book was a lifesaver! My son (who is a very sweet boy) got into daycare and was biting other kids. One of his daycare teachers asked us to purchase this book and we read it to him before bed, within a week he knew "teeth were not for biting". The graphics are super cute and the information is pretty clear to a 2-4 year old child. Would recommend this book to any parent who is struggling with biting issues!

This is a book I bought to start reading to our son, who has some specialized needs. He had a dental procedure a few months ago that seems to have set off some of his sensory issues and changed the way things feel in his mouth in ways he's been struggling a little to adapt to. Totally not the fault of his dentist, it's one of those things that can be hard to avoid and difficult to always predict when you have a child with a sensory processing disorder. Anyways, we had a couple of books from this series that we used with our daughter when she was little, though not this one, so I was familiar enough with the series to have a general idea of what I was getting. I really like how this book opens by talking about how strong and sharp teeth are, mentions the approved of use, and then goes right into biting hurts. I like that the expression on the injured child's face is clear enough that my son can interpret her as both crying and clearly in distress. He has Autism as well, so sometimes it can be pretty hard for him to pick up on those types of cues unless they are very dramatic or emphasized. Because our son is 5, some of the sections of the book don't apply to him as much, because it spends a couple of pages talking about how many teeth a child will have when they grow in and that biting isn't an appropriate response to teething pain. I kind of adlibbed in this section and added how dental work can also cause discomfort that can make you want to bite. And you totally can't bite the dentist ;) I really like that this book gives strategies for replacing chewing,

most of which are things he's willing to do -except rest... we don't really do resting in this house ;) I like that this book then goes on to explain how emotional things can cause a person to want to bite, because sometimes for him, he gets overloaded and tries to bite because the compression on those joints helps to calm him down, and then emphasizes that we don't bite for those reasons because it hurts others. I am a super big fan of the fact that this book drums in the "why" over and over again, because for our little man, he may understand what you want him to do, but unless you can get him to understand the "why," he's less likely to cooperate with you. This section is again followed by some strategies that he can again use, although for him it's via his speech computer when it comes to that whole "use your words" thing. Then the book talks about how it feels like if someone bites you and goes on to coach that we do not bite back even if we are bitten, we get help from a grown up, and then ends on a final reminder about teeth not being for biting and a final positive use (smiling). I feel like even though this book has a few areas that aren't as applicable to us at this time (teeth coming in), they may be as he gets old enough to loose teeth in the next couple of years. I like how thorough and repetitive this book is, and think it's a great social story resource for a kiddo who may be going through a biting phase. I don't anticipate that this alone will entirely solve our problem, it's part of a more comprehensive approach that involves the Wilbarger oral protocol, subbing in vibrating teethers when he leans in to try and bite me, and redirecting him frequently to appropriate chewers. I'm also trying to teach him how to chew gum, but that's going to be a longer process because currently, he doesn't want to touch that. But I think this will be a helpful support to us, he's already been looking at it as I read it to him, and I believe it could be a helpful support for your kiddo as well.

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